

# 4LIFE® PRODUCT INGREDIENT INDEX

**4Life Transfer Factor® Tri-Factor® Formula:** 4Life Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®).

**4Life® Transfer Factor Plus® Tri-Factor® Formula:** Zinc, 4Life® Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®), Cordyanti™ Proprietary Polysaccharide Complex (IP-6, β-Sitosterol and other phytoestrogens, *Cordyceps sinensis* mycelium extract, Baker's Yeast extract, *Agaricus blazei* fruiting body extract, Aloe leaf gel extract, Oat seed extract, Olive leaf extract, Maitake fruiting body extract, Shiitake fruiting body extract).

**4Life Transfer Factor® Classic:** UltraFactor XF™.

**4Life Transfer Factor® RioVida® Tri-Factor® Formula:** Vitamin C, 4Life® Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®), RioVida® Juice Blend (Apple, Purple Grape, Blueberry, Açai, Pomegranate, and Elderberry Juices from concentrate).

**4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula:** 4Life® Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®), RioVida® Juice Blend (Apple, Purple Grape, Blueberry, Açai, Pomegranate, and Elderberry juices from concentrate).

**4Life Transfer Factor® RioVida Stix™ Tri-Factor® Formula:** 4Life® Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®), RioVida® Proprietary Blend (Açai, Blueberry and Elderberry fruit powder, Grape seed extract, and Pomegranate hull extract).

**4Life Transfer Factor® Belle Vie®:** 4Life® Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®), Antioxidant Proprietary Blend (Green Tea leaf extract, Grape seed extract), Phytoestrogen Proprietary Blend (Flax seed extract, Kudzu root extract, Red Clover plant extract), Cruciferous Proprietary Blend (Broccoli, Cabbage, Kale, containing Indole-3-Carbinol, Diindolyl Methane, Ascorbigen, and other dietary indoles, Calcium d-Glucarate).

**4Life Transfer® Cardio:** Vitamin A, Vitamin C, Vitamin E, Niacin, Vitamin B6, Folate, Vitamin B12, Magnesium, Zinc, Selenium, Copper, Potassium, OvoFactor™, Proprietary Blend (Garlic bulb extract, Hawthorn leaf/flower extract, Butcher's Broom root extract, Red Rice Yeast extract, *Ginkgo biloba* leaf extract, Ginger Root Oil, Resveratrol, Coenzyme Q10).

**4Life Transfer Factor® Chewable Tri-Factor® Formula:** 4Life® Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®).

**4Life Transfer Factor® GluCoach®:** Chromium, 4Life Transfer Factor® Blend (UltraFactor XF™ and OvoFactor™), Vanadium, Alpha Lipoic Acid, Proprietary Blend (*Pterocarpus marsupium* heart wood extract, Gymnema leaf extract, Fenugreek seed extract, *Momordica charantia* fruit extract, Korean Ginseng root extract).

**4Life® NanoFactor® Glutamine Prime®:** L-Glutamine, Immune Energy Blend (L-Arginine, N-Acetyl L-Cysteine, Alpha Lipoic Acid, L-Alanyl-L-Glutamine, NanoFactor®).

**4Life Transfer Factor® Immune Spray – Mint & Orange:** Zinc, 4Life Transfer Factor® Blend (UltraFactor XF™ and NanoFactor®), Proprietary Blend (Colloidal Silver, Marshmallow, Aloe, Lactoferrin).

**4Life Transfer Factor® KBU®:** 4Life® Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®), Bladder Support Blend (Cranberry fruit powder & extract, D-Mannose, Blueberry fruit, Lingonberry fruit), Kidney Support Blend (IP-6, *Chanca Piedra* herb, Juniper berry, Dandelion leaf, Varuna stem bark extract), pH Balancing Blend (Apple cider vinegar, Sodium bicarbonate, Potassium bicarbonate, Calcium carbonate).

**4Life Transfer Factor® Kids:** Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin B6, Folate, Vitamin B12, Biotin, Pantothenic Acid, Calcium, Iron, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, 4Life Transfer Factor® Blend (UltraFactor XF™ and OvoFactor™).

**4Life Transfer Factor® MalePro®:** Zinc, Selenium, 4Life Transfer Factor® Blend (UltraFactor XF™ and OvoFactor™), Saw Palmetto fruit extract, Lycopene, Proprietary Blend (Nettle root extract, Kudzu root extract, Soy bean extract, Broccoli whole plant extract, Calcium D-Glucarate).

**4Life Transfer Factor® ReCall®:** Magnesium, 4Life® Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®), Proprietary Blend (Soy Seed Extracts, Lemon Balm herb extract, *Bacopa monnieri* aerial parts extract, N-Acetyl L-Tyrosine, N-Acetyl L-Cysteine, *Ginkgo biloba* leaf extract, *Huperzia serrata* herb extract, Vinpocetine).

**4Life Transfer Factor® Renuvo®:** 4Life® Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®), 4Life® Adaptogenics Blend (Rhaponticum carthamoides root extract, *Schisandra chinensis* fruit extract, ALCAR, Green Tea leaf extract, Ashwagandha root extract, Turmeric rhizome extract, Resveratrol, Black Pepper fruit extract).

**4Life Transfer Factor Vista®:** Vitamin A, Vitamin C, Vitamin E, Zinc, 4Life® Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®), Lutein, Zeaxanthin, Ocular Health Proprietary Blend (*Haematococcus pluvialis* microalgae extract, Bilberry fruit extract, Spirulina microalgae, Citrus Bioflavonoids peel extract, Black Currant fruit extract, *Ginkgo biloba* leaf extract, Blackberry fruit extract, Ascorbigen).

**BioEFA™ with CLA:** Fish Oil Blend (containing 500 mg EPA and DHA), Plant Oil Blend (Flax seed oil (Alpha Linolenic Acid), Borage seed oil (Gamma Linolenic Acid), Safflower seed oil (Conjugated Linoleic Acid)).

**BioGenstein Ultra®:** Hormone Balance Blend (Soy seed extract, Black Cohosh root extract, Dong Quai root extract, Chaste Tree fruit extract, Turmeric root extract) Proprietary Female Blend (Magnolia bark extract, Eleuthero root extract, Quercetin, L-Theanine).

**Bountiful Harvest® Plus:** Super Food Blend (Chia seed meal, Spirulina, Chlorella, Blue-Green Algae), Whole Food Nutrient Blend (Bell Pepper fruit, Spinach leaf, Butterbur leaf extract, Acerola fruit, Pumpkin fruit, Carrot root, Cucumber fruit, Flax seed bran, Brown Rice seed flour, Asparagus shoots, Spearmint leaf, Peppermint leaf, Bladderwrack herb), pH Balancing Blend (Apple cider vinegar, Sodium bicarbonate, Potassium bicarbonate, Calcium carbonate).

**Carb BLX™:** Proprietary Blend (*Cassia nomame* whole herb extract, White Kidney bean extract, Green Tea leaf extract, Arabinose, Cocoa Almond seed blend, Jaborandi leaf extract).

**Cardio Formula:** Proprietary Blend (Bladderwrack whole plant, Hawthorn berry, Capsicum fruit, Turmeric root, Matherwort aerial parts, Butcher's Broom root, Rosemary leaf), Cardio Proprietary Extract Blend (Hawthorn berry extract, Matherwort aerial parts extract, Turmeric root extract, Bladderwrack whole plant extract, Capsicum fruit extract, Milk Thistle seed extract, Rosemary leaf extract).

**Catalyst® Plus:** Chromium, Vanadium, Proprietary Blend (Gymnema Sylvestra leaf powder Alpha Lipoic Acid, *Momordica charantia* fruit extract, Banaba leaf extract).

**ChitoLite®:** Vitamin C, Proprietary Blend (Chitosan, Erythorbic Acid, Aloe ferox leaf).

**Choice 50®:** Vitamin C, Vitamin E, Proprietary Blend (Citrus Bioflavonoid fruit complex, Fo-Ti root, Grape seed extract, Turmeric root, Rutin, Milk Thistle fruit extract, Quercetin, Bilberry fruit extract, Resveratrol).

**Citri-Shape®:** Thiamin, Riboflavin, Niacin, Vitamin B6, Folate, Vitamin B12, Biotin, Pantothenic Acid, Manganese, Chromium, *Garcinia cambogia* fruit extract.

**CM Super™:** Vitamin C, Vitamin D, Vitamin K, Vitamin B6, Calcium, Magnesium, Zinc, Copper, Manganese, Proprietary Blend (L-Lysine, Soy Lecithin, Horsetail aerial parts).

**Digestive Enzymes:** Proprietary Enzyme Blend (Amylase, Protease 4.5, Glucosamylase, Acid maltase, agalactosidase, Pectinase, Cellulase, Peptidase, Protease 3.0, Bromelain, Lipase, Invertase, Hemicellulase, β-Glucanase, Xylanase, Papain).

**Energy Go Stix® – Berry & Citrus:** 4Life Transfer Factor® Blend (UltraFactor XF™ and OvoFactor™), Amino Acid Blend (L-Glutamine, L-Arginine, Taurine, Creatine, L-Carnitine, L-Ornithine, α-ketoglutarate), Proprietary Blend (Eleuthero root extract, Korean Ginseng plant extract, American Ginseng root extract, Herbal Energy Blend (Green Tea leaf extract, Yerba Mate leaf extract, Guarana root extract, Maca root extract, Rhodiola rosea root extract).

**Fibre System Plus™:** Fiber Blend (Psyllium husk, Rice seed bran, Apple fiber, Slippery Elm inner bark, Prune fruit, Marshmallow root, Locust bean gum, Xanthan gum), Cleansing Blend (Black Walnut hull, Cascara Sagrada bark, Gentian root, Licorice root, Buckthorn bark), Nutrition Blend (Cranberry fruit, Pineapple fruit, Papaya fruit, Sage leaf, Parsley aerial part, Irish Moss whole plant, Bee Pollen, Spirulina), Herbal Blend (Ginger root, Hops flower, Chamomile flower).

**Fibro AMU® Day-Time Formula:** Vitamin B6, Magnesium, Proprietary Joint Blend (Glucosamine Hydrochloride, Methylsulfonylmethane, Bovine Cartilage powder, *Boswellia serrata* tree resin extract, Bromelain, Devil's Claw root extract), Antioxidant Blend (Malic Acid), N-Acetyl L-Cysteine, L-Cysteine, Grape seed extract, Alpha Lipoic Acid).

**Flex4Life® (capsules):** Joint Health Blend (Glucosamine Hydrochloride, Chondroitin Sulfate, Avocado fruit/Soy seed extract), Proprietary Blend (Devil's Claw Root Extract, Polyglycerol-6 Distearate, Glycerin, Cetyl Myristoleate, Avocado/Soy Unsaponifiables, Dimethyl Sulfone, Glucosamine Sulfate, Lecithin, Cetearyl Alcohol, Benzyl Alcohol, Menthol, Tocopheryl Acetate, Butylene Glycol, Willow bark extract, Devil's Claw root extract, Sunflower seed oil, Rosemary leaf extract, Capsicum Oleoresin extract, Benzyl Alcohol, Phenoxyethanol, Sodium Hyaluronate, Carbomer, Xanthan Gum, Sodium Hydroxide, Phytic Acid, and Hydrolyzed Collagen).

**Gurmer:** Gymnema leaf and Gymnema leaf extract.

**Immune Formula:** Proprietary Blend (Astragalus root, Echinacea herb, Schisandra fruit, Eleuthero root, Licorice root, Gotu Kola leaf and stem, Korean Ginseng root), Proprietary Extract Blend (Astragalus root extract, licorice root extract, Korean ginseng root extract, eleuthero root extract, Schisandra fruit extract, Gotu Kola leaf and stem extract).

**Inner Sun®:** Thiamin, Riboflavin, Niacin, Vitamin B6, Folic Acid, Vitamin B12, Biotin, Pantothenic Acid, Proprietary Blend (St. John's Wort aerial parts, Chamomile flower, Hawthorn berry, Choline, Hops flower, Rosemary leaf, Inositol, Para-Aminobenzoic Acid).

**Life C®:** Vitamin C (as Calcium Ascorbate, Ascorbic Acid, Dehydroascorbic Acid, Erythorbic Acid, Magnesium Ascorbate, Ascorblyl Palmitate, Ascorbigen).

**Male Formula™:** Zinc, Selenium, Proprietary Blend (Tribulus terrestris whole plant extract, L-Arginine, Saw Palmetto berry extract, African stalks/flowers extract, Korean Ginseng root extract, *Pygeum africanum* bark extract, Chrysin).

**MetaboLite™:** Proprietary Herbal Blend (Bladderwrack herb, Red Wheat seed bran, Hawaiian Spirulina, Sage leaf, Papaya fruit, Pineapple fruit, Buckthorn bark extract, Artichoke leaf).

**MultiPlex™:** Vitamin A, Vitamin C, Vitamin D, Vitamin E, Thiamin, Riboflavin, Niacin, Vitamin B6, Folic Acid, Vitamin B12, Biotin, Pantothenic Acid, Calcium, Iron, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Proprietary Blend (Citrus Bioflavonoid fruit complex, Spirulina, para-aminobenzoic acid, Rose Hips fruit).

**MusculoSkeletal Formula:** Proprietary Blend (Alfalfa aerial parts, Gotu Kola aerial parts, Devil's Claw root, Turmeric root, Ginger root, Saw Palmetto berry, Wild Yam root), Proprietary Extract Blend (Alfalfa juice extract, Devil's Claw root extract, Gotu Kola leaf extract, Ginger root extract, Saw Palmetto berry extract, Wild Yam root extract).

**PBGS+®:** Vitamin C, Proprietary Blend (Grape seed/skin extract, Cranberry fruit fiber, Citrus fruit extract, Green Tea leaf extract, Quercetin, Rutin, Acerola fruit fiber, Apple fruit fiber, Pine bark extract), NDS Digestive Enzyme Blend (Fungal Protease, Fungal Amylase, Fungal Lipase, Cellulase, Pectinase).

**PhytoLax®:** Proprietary Blend (Cascara Sagrada bark, Ginger root, Buckthorn bark extract, Parsley leaf, Xanthan gum, Black Walnut hull).

**Probiotics:** Probiotic Blend (Lactobacillus acidophilus, Bifidobacterium lactis (HN019), Bifidobacterium longum (B005), Lactobacillus rhamnosus (LR32), Streptococcus thermophilus (ST21)).

**ReZoom®:** Thiamin, Riboflavin, Niacin, Vitamin B6, Herbal Proprietary Blend (Yerba mate leaf extract, Aloe Vera leaf gel extract, *Echinacea purpurea* leaf extract, Eleutherococcus senticosus root extract, Korean Ginseng root extract).

**RiteStart®:** Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin B6, Folate, Vitamin B12, Biotin, Pantothenic Acid, Calcium, Iron, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Boron, Vanadium, **4Life® Transfer Factor Plus® Tri-Factor® Formula, BioEFA with CLA™**, Proprietary OPC Blend (Grapeseed extract, Pinebark extract), Proprietary Antioxidant Blend (Rutin, Marigold petals extract, Green Tea leaf extract, Alpha Lipoic Acid, Coenzyme Q10, Bilberry fruit extract), Proprietary Support Blend (Glucosamine Hydrochloride, Calcium d-Glucarate, N-Acetyl L-Cysteine, Hydrolyzed Collagen powder, *Ginkgo biloba* leaf extract), **RiteStart® Men also includes:** Men's Health Blend (Turmeric root extract, Broccoli Sprout extract, Tomato fruit extract, Soy bean seed extract, Diindolylmethane), **RiteStart® Women also includes:** Women's Health Blend (Puriliflavone, Turmeric, Soy bean seed extract, Turmeric, Broccoli Sprout Extract, diindolylmethane).

**Shape-Fast Ultra®:** Niacin, Vitamin B6, Vitamin B12, Selenium, Chromium, Potassium, Shape-Fast Proprietary Blend (Guarana seed extract, Acetyl-L-Carnitine, Green Tea leaf extract, *Coleus forskohlii* root extract, White Willow bark, Cocoa/Almond seed blend, Alpha lipoic Acid, Cayenne fruit, UltraFactor XF™, OvoFactor™), Panax ginseng root extract, *Ginkgo biloba* leaf extract.

**SleepRite AMU®:** Vitamin B6, Sleep Blend (Valerian root extract, Hops flower, 5-HTP, Chamomile flower, Melatonin), Repair Blend (Creatine monohydrate, N-Acetyl L-Cysteine, Grapeseed extract, Alpha Lipoic Acid).

**Stress Formula:** Proprietary Blend (Peppermint leaf, Chamomile flower, Passion Flower, *Ginkgo biloba* leaf, Linden flower, Lemon Balm leaf Valerian root), Stress Proprietary Extract Blend (Chamomile flower extract, *Ginkgo biloba* leaf extract, Hops flower extract, Peppermint leaf extract, Passion Flower herb extract, Valerian root extract).

**Super Detox®:** Detox Proprietary Blend (Red Clover flower tops, Milk Thistle fruit extract, Calcium D-Glucarate, Broccoli stalks/flowers extract, Bupleurum root, N-Acetyl L-Cysteine, Artichoke leaf).

**Tea4Life®:** Proprietary Blend (Senna leaf, Stevia leaf, Cinnamon bark, Buckthorn bark, Ginger root, Orange peel, Green Tea leaf, Echinacea leaf, Rooibos leaf, Astragalus root, Bitter Orange fruit).

**ennumi® Skin Recovery Supplement:** Vitamin A, 4Life® Tri-Factor® Formula (UltraFactor XF™, OvoFactor™, and NanoFactor®), Moisture Blend (Fish Collagen, L-Lysine, Soy seed extract, Wheat seed extract), Skin Protection Blend (Pine bark extract, α-lipoic acid, Mixed Carotenoids).

## 4LIFE FOOD INGREDIENT INDEX

**NutraStart® Vanilla:** Soy Protein Isolate, Whey Protein, Sunflower Oil Creamer, Polydextrose, Xylitol, Cocoa powder, Maltodextrin, Fructose, Soy Fiber, Natural Cocoa Flavors, Vitamin and Mineral Blend (Magnesium, Vitamin C, Copper, Vitamin E, Biotin, Niacin, Zinc, Vitamin A, Iron, Calcium, Pantothenic Acid, Vitamin B6, Thiamin, Riboflavin, Vitamin B12, Folic Acid, Potassium), Cellulose, Stevia Extract, UltraFactor XF™, OvoFactor™, Salt, Silicon Dioxide and Dextrose.

**NutraStart® Chocolate:** Soy Protein Isolate, Whey Protein, Sunflower Oil Creamer, Polydextrose, Xylitol, Maltodextrin, Natural Vanilla Cream Flavor, Fructose, Soy Fiber, Vitamin and Mineral Blend (Magnesium, Vitamin C, Copper, Vitamin E, Biotin, Niacin, Zinc, Vitamin A, Iron, Calcium Pantothenic Acid, Vitamin E, Vitamin B6, Thiamine, Riboflavin, Vitamin B12, Folic Acid, Potassium), Cellulose, Stevia Leaf Extract, UltraFactor XF™, OvoFactor™, and Salt.

**Aloe Vera:** Aloe Vera gel concentrate, Ascorbic Acid, Ethanol, Erythorbic acid, Sodium Benzoate, Potassium Sorbate, Monoglycerides.

**Note:** For an ingredient listing for 4Life Skin Care and 4Life Animal Health products, please go to [www.4life.com](http://www.4life.com).

**UltraFactor XF™**—A proprietary concentrate of ultra-filtered 4Life Transfer Factor® proteins and other peptides from cow colostrum.

**OvoFactor™**—A patented concentrate of 4Life Transfer Factor® proteins and other peptides from chicken egg yolk.